



The Dramatherapy Centre

Introduction to Dramatherapy Course 2022

with Kitty Saleh

There will be experiential and theoretical work in the following areas:

- Symbol & Metaphor
- Improvisation
- Distancing
- Role Theory
- Dramatherapy for various populations
- Psychodramatic techniques
- Projective techniques of mask and puppetry
- Storymaking
- Theatre Therapy
- Biographical work and performance

Additionally the following arts therapy modalities will be explained:

- Art therapy
- Voice-movement therapy
- Somatic therapy
- Dance-movement therapy
- Narrative therapy/Arts
- Guest presenters will join the course throughout

The following theories will be addressed:

Gestalt, Erikson, Piaget, Jung, Steiner, Lievegoed, CBT, counselling theory, narrative therapy and arts.

Outcomes:

Gain skills in using drama techniques in a therapeutic way as adjuncts to your work; Show understanding of the relevance of dramatherapy in biography; Use drama-based interventions that help in the healing process; Analyse group dynamics and elicit themes in reflective work. Show how other arts therapies can support dramatherapy.

Assessment:

- Story to share with the group
- Essay on the topic 'What is dramatherapy'
- Dramatherapy activity
- Reflective journal of your learning from the course

CONTACT

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The dates of the 2022 weekends are:

February 18, 19, 20
April 15, 16, 17
June 10, 11, 12
August 26, 27, 28
October 21, 22, 23
December 16, 17, 18

The times for each weekend are:

Fridays: 7pm - 9pm
Saturdays: 9:30am - 5pm
Sundays: 9:30am - 4pm

INVESTMENT

Earlybird

\$2430

until December 31 2021

Regular Cost

\$2700

from January 1, 2022

(includes all art materials and morning/afternoon tea)

COURSE VENUE

The Centre, 14 Frances St. Randwick,
NSW 2031

www.thecentre.com.au.

P: (02) 9398 2211

E: admin@thecentre.com.au

Reasonably priced accommodation is available at The Centre.

For more information visit www.dramatherapy.com.au



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APPLICATION FORM

NAME

ADDRESS

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POSTCODE

TEL

MOB

EMAIL

OCCUPATION

INVESTMENT

Earlybird \$2160 until December 31, 2021

Regular Cost \$2400 from January 1, 2022

Costs are non refundable.

PAYMENT METHOD

Deposit to our account:

Acc. Name:

The Dramatherapy Centre

Acc. No.

153946964

BSB No.

112-879

St. George Bank,
Leichhardt Branch.

HOW DID YOU HEAR ABOUT THIS WORKSHOP?

- ☐ Dramatherapy website
- ☐ Facebook Dramatherapy
- ☐ Word of mouth
- ☐ Newsletter
- ☐ Other

Please email back this form to kitty@playingforreal.com.au

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For more information visit www.dramatherapy.com.au